



WENav- Newcomers

SKILL DEVELOPMENT JOURNAL

ACTIVITY STEPS:

In the space provided below, name and explain 3-4 strengths that you have as an individual:

Next, explain 3-4 skills that one of your jobs have that you have completed in the *Exploring Your Careers* worksheet:

Do your strengths match with the skills needed for that job? If they do match, provide some examples with how you can improve these strengths. If they do not match, then write as to how you can learn new skills to match your ideal job:

A large, empty rectangular box with a thin black border, intended for the user to provide their response to the question above. It occupies the central portion of the page.